JOIN US FOR THE MAGICAL EXPERIENCE OF

ASTANGA YOGA PAROS 2010

Deepen your joy for daily yoga practice and presence

Every Astanga Self-Practice morning class is injected with Graeme and Leonie's positive motivational energy, sound technical information and experienced secure adjustments. An inspirational, fun and relaxed atmosphere welcomes complete beginners to advanced students with specific individual attention & guidance given.

TWO X 13-DAY RETREATS

Sun 30 MAY to Sat 12 JUNE
Sun 13 to Sat 26 JUNE
Course Fee Only **AUST$800**

FULL MONTH RETREAT

Sun 30 MAY – Sat 26 JUNE
Course Fee Only **AUST$1500**

Email Leonie for bookings and banking details
graemeandleonie@gmail.com

ACCOMMODATION is booked & payed as a SEPARATE COURSE COMPONENT

Hotel Elen is situated in the quiet fishing village of Ambelas, a stone's throw from the sparkling Aegean Sea. Self-contained studio apartments accommodate 1 – 4 people. Rooms for 1 or 2 people have access to a share kitchen. All meals are self-catering.

Twin-Share Studio Apartment p/person: 13 nights @ 260 **Euro**, 27 nights @ 490 **Euro**
Single Studio Apartment: 13 nights @ 455 **Euro**, 27 nights @ 850 **Euro**
Single Room: 13 nights @ 390 **Euro**, 27 nights @ 730 **Euro**
50% deposit with balance of payment due on arrival to Hotel Elen.

Contact Katerina Parissi directly for bookings and deposit details:
parissikaterina@gmail.com **Phone: +30 22840 52057**
Mobile: +30 6972893805

In order to secure your booking, full course payment, hotel reservation and 50% room deposit is required. Early bookings are advisable as course numbers are limited.